

RIVERBEND TAE KWON DO ACADEMY

TERMINOLOGY

Basic Terminology

Cha Ryoth	Attention
Kyung Nae	Bow
Joon bee	Ready
Shi jak	Start
Ko Mahn	Stop
Barro	Return to Order
Pil Sung	Certain Victory
Do bok	Uniform
Do jang	School, Training Hall
Ki hap	Yell
Hyung	Form
Tul	Pattern
Chun jin	Forward
Hoo tay	Retreat
Tee	Belt
Tito durah	About Face
Chayu daeryun	Free-sparring
Il bo daeryun	One Step Sparring
Sa ju kong bong	Four Directional Block & Attack
Yi Jung	X Stance

Technique Vocabulary

Ap	Front
Yope	Side
Dolye	Round
Sangdan	Upper
Jungdan	Middle
Handan	Lower
Chagge	Kick
Bal	Foot
Son	Hand
Kong Keok	Punch
Sudo	Knife
Yup	Ridge
Dee uh	Jumping
Kwan su	Spear Finger
Moke Chiki	Neck Attack
Maki	Block
Dwee	Reverse
Ha Oh rhi	Tornado
Ap hulyo	Crescent
Butah Oligi	Upper Rising
Ban Dahl	Twisting 45%
<u>Stances</u>	
Chongul ja sac	Front Stance
Hugul ja sac	Back Stance
Kima ja sac	Riding Horse Back Stance

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Counting

Ha na	One	Soo mul ah hup	Twenty Nine
Dul	Two	Serun	Thirty
Set	Three	Serun ha na	Thirty One
Net	Four	Serun dul	Thirty Two
Da sot	Five	Serun set	Thirty Three
Yo sot	Six	Serun net	Thirty Four
Il gope	Seven	Serun da sot	Thirty Five
Yo jul	Eight	Serun yo sot	Thirty Six
Ah hup	Nine	Serun il gope	Thirty Seven
Yuhl	Ten	Serun yo jul	Thirty Eight
		Serun ah hup	Thirty Nine
Yuhl ha na	Eleven	Ma hun	Forty
Yuhl dul	Twelve		
Yuhl set	Thirteen	O ship	Fifty
Yuhl net	Fourteen	Yuk ship	Sixty
Yuhl da sot	Fifteen	Chil	Seventy
Yuhl yo set	Sixteen	Pal	Eighty
Yuhl il gope	Seventeen	Gu	Ninety
Yuhl yo jul	Eighteen	Bek	One Hundred
Yuhl ah hup	Nineteen	Chun	One Thousand
Soo mul	Twenty	Man	Ten Thousand
Soo mul ha na	Twenty One		
Soo mul dul	Twenty Two		
Soo mul set	Twenty Three		
Soo mul net	Twenty Four		
Soo mul da sot	Twenty Five		
Soo mul yo sot	Twenty Six		
Soo mul il gope	Twenty Seven		
Soo mul yo jul	Twenty Eight		